



**RAYTOWN QUALITY SCHOOL DISTRICT
AUGUST
HIGH SCHOOL**

Build a Healthy Lunch



Beverages Offered Daily: White Skim Milk, Chocolate Skim Milk, Strawberry Skim Milk, 100% Fruit Juice

Available daily: Cheese Pizza or Chef Salad & Rolls Alternate meal: PB Sandwich, vegetable, fruit and milk

Revised: 8/1/17

MONDAY	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	<p align="center">MEAL PRICES Reduced Pay \$0.40 Full Pay \$2.25 Adult \$2.85 Milk \$0.45</p> <p align="center">Ala carte menu and pricing available at raytownschools.org</p>		<p align="center">We offer seconds on fruits and vegetables upon request.</p> <p align="center">We reserve the right to make substitutions to the menu.</p>	
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
		<p>WELCOME BACK!</p>		
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
		<p>May Choose: Fiesta Pizza Chicken Sandwich Meatball Sub</p> <p>May Choose: Corn Salsa Pears</p>	<p>May Choose: Spicy Chicken Nuggets & Garlic Toast Fish Taco Pulled Pork Sandwich</p> <p>May Choose: Fresh Baby Carrots Applesauce</p>	<p>May Choose: Honey Sriracha Chicken and Rice Sloppy Joe Southwest Chicken Salad</p> <p>May Choose: Steamed Broccoli Pineapple</p>
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
<p>May Choose: Chicken Poppers & Roll Cajun Dirty Rice & Roll Cheeseburger</p> <p>May Choose: Oven Roasted Sweet Potatoes Mixed Fruit</p>	<p>May Choose: Spicy Taco Pasta Turkey Corndog BBQ Chicken Sandwich</p> <p>May Choose: Raytown Red Beans Peaches</p>	<p>May Choose: Beef and Bean Burrito Breakfast Sandwich Spicy Chicken Sandwich</p> <p>May Choose: Potato Wedges Salsa Fresh Grapes</p>	<p>May Choose: Tangerine Chicken and Rice Frito Pie Beef Tenders and Roll</p> <p>May Choose: Garden Salad Pears</p>	<p>May Choose: Chicken Alfredo & Garlic Toast Meatloaf and Garlic Toast Pepperoni Pizza</p> <p>May Choose: Steamed Broccoli Strawberries</p>
MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY Sept 1
<p>May Choose: Turkey Hotdog Cheeseburger Sandwich Wrap</p> <p>May Choose: Baked Beans Pears</p>	<p>May Choose: Spicy Chicken Nuggets & Roll Country Fried Steak Sandwich PBJ Sandwich</p> <p>May Choose: Steamed Broccoli Pineapple</p>	<p>May Choose: Turkey Sausage Pizza Beef Soft Taco & Doritos Chicken Sandwich</p> <p>May Choose: Glazed Carrots Salsa Fresh Apple</p>	<p>May Choose: Jacked Burger Italian Chicken & Garlic Toast Fish Sandwich</p> <p>May Choose: Fresh Peas Peaches</p>	<p>May Choose: Chicken Quesadilla Lasagna and Roll Philly Beef Sandwich</p> <p>May Choose: Green Beans Mixed Fruit</p>

"This institution is an equal opportunity provider."